# Ferris Hills at West Lake



#### **Celebrating June**

**Skyscraper Month** 

**National Aquarium Month** 

#### **Camping Month**

Milk Week June 1–4

The Wicket World of Croquet Day June 3

**Corn on the Cob Day** June 11

> Flag Day June 14

Father's Day June 18

**Pink Flamingo Day** June 23

Day of the Seafarer June 25

## The Deep Blue Sea

**JUNE 2017** 

When you consider the massive size and global influences of the oceans on our planet, you realize that there is much to celebrate in June during Oceans Month. It is a commonly cited statistic that 71% of Earth's surface is ocean. It is less known that anywhere from 50–80% of all life on Earth is found under the ocean's surface. After all, the ocean constitutes 99% of Earth's living space and, amazingly, humans have explored only 10% of these vast depths. Some say that we know more about the moon than these uncharted reaches.

The majority of the ocean is the "deep sea," a cold, dark, and pressurized area 1,000 meters below the surface. Light cannot penetrate to these depths, yet this part of the ocean is home to an abundance of life. The fish and organisms that live here depend on the organic matter that sinks down from above, falling like a life-giving snow. Many deepsea fish are bioluminescent, which means that they can create light with their bodies. Deep-sea fish also conserve as much energy as possible and do not move much, lying in wait for their food rather than hunting for it. The deep sea is a harsh environment where only the most perfectly adapted organisms can survive. Humans have only ventured to these reaches in advanced submarines.

Yet it is not impossible to witness these amazing creatures up close. June is also Aquarium Month, and aquariums have finally developed technologies that mimic deep-sea habitats. Scientists have created the "abyss box," a tank that mimics the punishing conditions of the deep sea: absence of light, harsh cold, and crushing pressure the likes of carrying the weight of a jumbo jet. The tiny, highly pressurized tank has six-inch-thick walls, holds only five gallons of water, and weighs 1,300 pounds. In it we can now see deep-sea crabs and shrimp, angler fish, and other mysterious creatures of the deep.

# **Social Media Matters**



Social media. It is a powerful force that is redefining humanity's communication and sense of interdependence. In this sense, every day is Social Media Day, but its holiday is celebrated

on June 30. Social media begins with the Internet. Thanks to our wirelessly connected world, people are now able to access the Internet wherever they go, through their cell phones, computers, and other electronic devices. About 20% of our time online is spent visiting social media sites such as Facebook, Twitter, LinkedIn, YouTube, Pinterest, Instagram, Reddit, Snapchat, and others. Some of these sites allow us to share pictures and videos. Others allow us to share personal comments and opinions. Some are used for professional networking. Some are dedicated to shopping, cooking, or other hobbies. The point of social media is to connect people. Groups that used to be out of contact due to distance or isolation can now be connected via the Internet. People can now find each other, share, and collaborate faster than ever before in history, and the effects this new connectedness has on human culture are substantial.

Once upon a time, members of obscure subcultures stuck to their small groups. Today, any member of one of these subcultures can become part of a massive community at the click of a button. Artists separated by continents can collaborate. Unknown individuals can become overnight Internet sensations. Inventors and entrepreneurs no longer need storefronts to sell their unique products to the masses.

Experts warn that social media is a double-edged sword. It is a powerful force for connection, but it can also be damaging, especially to young people. Social media platforms are rife with adolescent pitfalls: aggression, sex, drugs, and bullying. Perhaps Social Media Day on June 30 should be a day to encourage teens (and remind adults) to wield the power of social media wisely.

#### PLEASE WELCOME...

#### Frances



#### John



# Meet Your New Neighbors! Welcome Reception Monday June 26<sup>th</sup> 3PM Vista Lounge Light Refreshments Served

# **Everything's Coming Up Roses**

Roses have long been grown for their beauty and fragrance. But roses have also been used as powerful symbols for ages. Perhaps it is because of their dual nature: the dangerous thorns and the beautiful flower.



This June, Rose Month, take the time to contemplate the symbolism of the rose. Both the anciet Egyptians and Greeks considered the rose a symbol of silence and secrecy. The Latin phrase sub rosa, or "under the rose," denotes secrecy and confidentality. Roses adorned the ceilings of dining halls in ancient Rome. Anything said under the influence of wine was considered to be kept confidiential. Similarly, roses were hung from the ceilings of council chambers, a reminder of secrecy for all those present. Later, Christianity adopted the symbol. Confessionals were adorned with roses, symbolic promises that conversations would remain secret. Roses have also been used as emblems by secret societies like the Rosicrucians and royal houses such as Tudor, Lancaster, and York.

Red roses are also symbols of love, beauty, and virtue. We must again look to ancient Greece, where the red rose was connected to Aphrodite, the Greek goddess of love. When Aphrodite's true love, Adonis, was injured by a wild boar, she mixed his blood with her tears to create the red rose, an enduring symbol of their love. Later, the rose became a symbol of the Virgin Mary in Christianity. It was believed that roses in the Garden of Eden were thornless, but after the fall of Adam and Eve they grew thorns. Thorns came to represent Original Sin. Mary, born of the Immaculate Conception and without Original Sin, came to be known as the "rose without thorns." While the rose symbolizes the paradise of Eden, its thorns symbolize suffering and grief.

Over the years, the color of a rose has come to have different meanings. Red roses are for love and passion; pink are for gratitude; yellow are for friendship; and white are for spirituality and purity. Any way you color it, roses have long been powerful messengers.

# Happy Father's Day!

## What is a Dad?

A Dad is a person Who is loving and kind, And often he knows What you have on your mind. He's someone who listens, suggests, and defends A dad can be one of your very best friends; He's proud of your triumphs, but when things go wrong, A dad can be patient and helpful and strong. In all that you do, a dad's love plays a part There's always a place for him deep in your heart And each year that passes, you're even more glad, More grateful and proud just to call him your dad! Thank you Dad... for listening and caring, for giving and sharing, but, especially, for just being you.

Author Unknown

#### **Old Maid to Order**



It began as a prank on June 4, 1948, when Marion Richards secretly distributed greeting cards and bouquets to all the unmarried women age 30 and over at her workplace. When her colleagues

asked her what was going on, she told them it was Old Maid's Day. That same night, married women and younger women threw Richards and her "old maid" friends a surprise party. Richards was declared the holiday's founder, and Dora McCracken was elected secretary and historian. It did not take long before Old Maid's Day was being celebrated in communities across the country. June may be the month of weddings, white lace, and bouquets, but Old Maid's Day celebrates the single woman with a holiday of her own.

## **Upcoming Events...**

#### Wellness:

June 5 Blood Pressure Checks June 28 Music & Memory

#### **Education:**

June 7 Songbird Migration-Dr. Deutschlander June 8,15,22,29 "A Survey of World Religion" June 21 Gonondagan Lecture

#### Music, Theatre & The Arts:

- June 4 RPO at Kodak Hall
- June 14 Organ Recital at United Church (Geneva Lake Music Festival)
- June 21 GEVA Theatre
- June 27 "Guys & Dolls" at Merry Go Round Playhouse in Auburn

### **Special Programming:**

- June 14 Flag Day Ceremony
- June 20 Red Wings Baseball Game

#### Social:

June 16 Wild West Social June 22 Strawberry Shortcakes (café)

#### **Spiritual:**

June 6 Catholic Mass at Clark Meadows June 20 Worship Service Spiritual Care Group every Friday AM



# Features...

June 2: "The Giants of Rurutu" (Whale Sharks) June 9: "Desert Seas" June 16: Brazilian Wildlife Part 1 June 23: Brazilian Wildlife Part 2 June 30: Wild Nile Paradise Found

# Happy Birthday!

In astrology, those born between June 1–20 are Twins of Gemini. Twins have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends. Those born between June 21–30 are Cancer's Crabs. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of harmony at home and in the workplace.

# Associates

June 1 – Betty Garrett June 2 – Melody Hurlburt June 8 – Stephanie Ganoe June 28– Linda Hann



# **Friday Outings:**

June 2: Wood Library & Lunch at "Olives" w/Highlands of Pittsford Residents June 9: Niagara Aquarium, Lunch at Elm St. Bakery & Vidler's in East Aurora June 16: Shopping & Lunch at Eastview Mall June 23: Sonnenberg Gardens & Mansion Tour June 30: Tasting & Lunch at Knapp Winery

Please contact the front desk at 393-0410 to register for outings.